

## JNF ASB 1

March 12-20, 2016

### Saturday, March 12

**Departure from New York** Embark on a journey to do your part in building the Land of Israel. Together you will learn about the challenges of creating sustainable communities in Israel's northern region, the issues that face Israeli "development towns" on the periphery, environmental issues and - with JNF - take real steps toward continuing the reality of a Jewish State.

### Sunday, March 13

**Arrival in Israel!** After a brief snack and refreshment, together you will make your way up North to begin your seven-day adventure on this incredible JNF Alternative Spring Break Program!

**Travel North to Kibbutz Shomrat** We will be based here for our week of volunteering.

**Check in**

**Rest and Relaxation in the hotel**

**Dinner at hotel**

**Orientation** You and your peers begin to learn about each other and review the goals and highlights of the program. Learn about each other, where you come from, and what brought you to this program.

**Overnight:** Kibbutz Shomrat Guest House

### Monday, March 14

**Volunteer at LOTEM- Emek HaShalom Farm.** Lotem is a non-profit organization dedicated to making nature accessible to people with special needs. LOTEM provides workshops and tours that help them come in contact with places they would never be able to access alone. We will volunteer on their farm, which is entirely handicapped accessible, and help them create new wheelchair accessible paths and areas.



Welcome to Israel!





HaShomer HaChadash Bonfire



The Ancient City of Acre



The Beit She'an Ruins

**Atlit** Visit the camp established by the authorities of the British Mandate for Palestine at the end of the 1930s to prevent Jewish refugees from entering Palestine. Tens of thousands of Jewish immigrants were interned at the camp, which was surrounded by barbed wire and watchtowers.

Return to Kibbutz Shomrat for dinner, followed by our group discussion.

**Overnight:** Kibbutz Shomrat Guest House

## Tuesday, March 15

**Volunteer with HaShomer HaChadash** Join members of HaShomer HaChadash on the Ein Kamonim farm, working the land and preparing the soil for planting season. **HaShomer HaChadash** is a young, grassroots volunteer organization established in 2007 to help farmers and ranchers in the Negev and the Galilee who administer vast tracts of state-owned land to deal with the threat of illegal seizure of their land. Like the original Guardsmen who protected remote Jewish settlements 100 years ago, HaShomer HaChadash works to ensure a stronger Jewish presence in the Negev and the Galilee and uphold the Zionist ideals on which the State of Israel was founded

**Visit the new JNF Acre Visitors' Center** Learn about what JNF is doing to develop the North together with Nefesh b'Nefesh. **Learn about the "Go North" program**, an ambitious initiative offering enhanced services and financial benefits to Olim (immigrants) interested in moving to Israel's Northern communities.

**Walking Tour of Acre** Discover the rich history of the city with a walking tour of the historical sites and ancient market.

Return to Kibbutz Shomrat for dinner, followed by our group discussion.

**Overnight:** Kibbutz Shomrat Guest House

## Wednesday, March 16

**Volunteer at the new Beit She'an JNF Young Adult Center**

The center, in the early stages of being built, will serve as a meeting place for young adults ages 18 to 35. The center will house conference rooms, classrooms, a cinema, coffee shop, yoga studio, and a music room. Help JNF build this center and leave your mark on the city.

**Tour the Beit She'an Ruins** The biblical mound, rising 50 meters above its surroundings, has a spectacular view of the great city at its foot and of the Bet She'an Valley. See the magnificent 7,000-seat Roman theater, the amphitheater where gladiators once fought, the Byzantine bathhouse, and the main, colonnaded Paladius Street.



Nahal HaKibbutzim Hike

**Hike Nahal Kibbutzim** Enjoy this water hike after a long day's work. Prepare yourself to get soaked on one of Israel's favorite water walks.

Return to Kibbutz Shomrat for dinner, followed by our group discussion.

**Overnight:** Kibbutz Shomrat Guest House

## Thursday, March 17



The Carmel Forest after the 2010 fire

**Volunteer in the Carmel Forest** After the devastating forest fire in 2010, JNF has been working tirelessly to help prevent a future disaster. Hear the firsthand story of the fire and then volunteer in the forest to help restore it to its original beauty.

### Travel to Jerusalem

**Visit Ammunition Hill** See the site of one of the most heroic battles between Israel and Jordanian forces in the Six Day War. You will relive the drama and walk on the paths that the Paratroopers walked on at this JNF supported site.

**Walking tour of the Old City** Learn about the rich history of the Old City and leave a note in the Western Wall

### Travel to Tel Aviv

**Independent Dinner and Free Evening** Join the crowds as they fill the streets in the city that never sleeps!

**Overnight:** Ruth Daniel Guest House



The Western Wall in Jerusalem

## Friday, March 18

**Visit the Ayalon Institute** Enjoy an exciting tour of the Ayalon Institute which tells one of the most fascinating and mysterious stories in the history of the struggle for the establishment of the State of Israel. Here, beneath the ground, and right under the nose of the British, a factory was created for the production of weapons for Palmach fighters.

**Independent Lunch in the Carmel Market** Enjoy some time to taste Israeli delicacies and shop for souvenirs at one of Israel's top sites to visit. As an added bonus, enjoy the Israeli Artist Market on Nahalat Binyamin.



The Carmel Market



The Tel Aviv Skyline



The Sarona Market



We hope to see you soon!

**Shabbat Preparation** Return to our hotel with time to rest and prepare for a special group Shabbat.

**Candle Lighting and Kabbalat Shabbat** We will welcome in Shabbat together with communal singing and lighting the Shabbat candles. You will then have the option of attending our group's own egalitarian services or the Orthodox service in the hotel.

**Shabbat Dinner** We will all come back together after Kabbalat Shabbat for a festive dinner followed by **Oneg Shabbat** (or Shabbat party) in which we will tell stories about the week, sing, enjoy Israeli snacks, and take advantage of having time to relax together.

**Overnight:** Ruth Daniel Guest House

## Saturday, March 19

### Optional services

**Shabbat Workshop** Learn about the weekly Torah reading and discuss how it relates to the work you have been doing all week in Israel.

### Shabbat Lunch

#### **Shabbat Rest – Menuchah/Pool time**

**Discussion and Havdalah.** Our final discussion to wrap up our experience together will take place, followed by the Havdalah, the traditional and beautiful ceremony to end Shabbat.

**Independent Dinner at Sarona Market** A newly renovated complex in the heart of Tel Aviv, originally a German Templar Colony, in which 33 original Templar buildings dating up to more than 140 years have been restored, and today house boutique stores, artist galleries, quaint cafes, and some of the city's hottest restaurants and bars.

### Travel to Ben Gurion International Airport

## Sunday, March 20

Departure Flight LY027 00:30

### Contact Numbers

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